CPH Introduction of CSW & Campus advisor

Campus Advisor Li-ya Chen

Campus Advisor

Name:陳麗雅 Liya Chen

Profession: Counselor / License: 諮心字005729號

Colleges: Public Health, Medicine

Office location: branch office of student affairs (Mon., Tue., Thur.)

(CPH) consulting hour & consulting room:

Main campus resources room/

every Friday 10-12 14-16 (reserving online in advance)

Contact number: (02)3366-3366#27073

E-mail:lyc784533@ntu.edu.tw





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ABOUT US

- Center for Student Well-being(CSW)
- Campus Advisor and consulting service
- When can we approach CSW resources and consultation service?
 - How to contact with campus advisor & make an appointment?
- 111-2 information of upcoming activities, encounter groups & workshops
 - Other school resources





↑ CSW link here ↑

Student Well-being Center/ Center for Student Well-being(CSW)

Founded in Feb. 2021. Consists of 9 Campus advisors stationed in every college. Main purpose and goals will be:

- **Primary Prevention** •
- **Resources Connection & Coordination** •
- **Rooted in College** •

Campus Advisor

Campus advisors were all trained in counseling psychology or social work professions.

- 2. Resources connection and referrals.
- 3. Hold activities, encounter groups or workshops.

1. Through consultation, understand students' needs or difficulties.

When can we approach CSW resources and consultation service?

Anything related to your school life and well-being:

- Studying (credits, learning difficulties, degree dissertation, applying programs...)
- Living (dorm, live outside, share house, any daily life events...)
- Well-being (physical and mental health, interpersonal relationships issues, personal safety & security...)
- Working (part-time jobs searching, scholarship, internship…)

If you' ve already checked on websites but still couldn't get the information you needed, or you have no ideas which sectors or person to ask for help, Or you just feel like you need someone to talk to... please feel free to contact campus advisor!!

How to contact with campus advisor & make an appointment?

(CPH) consulting hour & consulting room location: @resources room, main campus (Gongguan) every Friday 10-12 14-16

- Search 中 EN
- 1. Make an appointment online (\leftarrow click here)
- 2. E-mail me! My address: <u>lyc784533@ntu.edu.tw</u>
- 3. Make a phone call! My number: 02-3366-3366 #27073 (9:00-17:00)

Reservation system

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-Sign up forms and links will be soon uploaded on CSW website. Students can go check online or contact campus advisor FMI.

Information of upcoming activities, encounter groups & workshops

All activities are taught in Mandarin.

3/27(Mon.), 3/28(Tue.)

Origami & healing: midterm empowerment group 12:20-13:10 free lunch (5-8 persons) Introducing CSW resources, making origami, life sharing and cheer each other up!

4/25(Tue.)

Dessert making X self care workshop

18:00-21:00 (@resources room, main campus)

Making desserts, learning how to take care ourselves.



5/12(Fri.)

18:00-20:00 (@main campus)

Lecture: Sex therapy & body image

Self awareness of Sex and body image.

-Sign up forms and links will be soon uploaded on CSW website. Students can go check online or contact campus advisor FMI.

Information of upcoming activities, encounter groups & workshops

All activities are taught in Mandarin.

5/25(Thur.)

Counseling card workshop: designing love

18:00-21:00 (@main campus)

5/30(Tue.), 6/01(Thur.)

Gaming & chilling: terminal relaxing group 12:20-13:10 free lunch (5-8 persons)

Let's play small games, review this semester and relax.



other resources & contact numbers

- ★ Hotlines in NTU 24/7
- Student Safety Center: 02-3366-9119
- Campus Security: 02-3366-9110 •
- ★ Hotlines in NTU during working time (Mon.-Fri. 08:00-17:00)
- Office of International Affairs(OIA): 02-3366-2007
- Center for Student Well-being(CSW): 02-3366-7173
- Student Counseling Center: 02-3366-2181 #222
- Health Center: 02-3366-9595
- ★ Life Consultation Hotline for Foreign Nationals Living in Taiwan: 1990